

# Passport to Independence: A Good Lives Workbook

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Peel Behavioural Services  
with Robin J. Wilson

Coming  
Soon!



**By: Peel Behavioural Services with Robin J. Wilson**

Many treatment programs for persons who have sexually offended use a Good Lives framework that suggests that successful people are able to manage their lives in a variety of important domains. However, some of those domains can be a bit challenging for clients to fully appreciate and understand. *Passport to Independence* is not a treatment curriculum in and of itself. Rather, it is a collection of exercises that treatment providers and clients can use to make concepts such as “community” and “being good at work and play” clearer and easier to incorporate into clients’ lives moving forward. *Passport to Independence* covers all of the components of life that clients in treatment need to consider to be successful.

*“Working with persons with sexual behavior difficulties and varying levels of ability means using materials that are fully accessible to a person’s capabilities. Passport to Independence provides therapists with time-tested and proven activities and discussion points that have been modified by feedback from clients themselves. This level of involvement and input from people whose voices are seldom heard is noteworthy. The end result is a workbook that is respectful and has been shaped by the people utilizing it – a hard combination to come by.”*

—Dave Hingsburger, M.Ed.  
Vita Community Living, Toronto, ON

*“At last! This guided workbook, Passport to Independence, focuses on an extremely important area. It is a welcome resource that will make treatment more accessible to many clients. The Good Lives Model has been helpful to clients and professionals alike around the world. Peel Behavioural Services and Robin Wilson have done us all a tremendous favor with this project.”*

—David S. Prescott, LICSW

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